

# Preventative Sealants

## *Post-operative instructions for preventative sealants*

A dental sealant is an acrylic material that helps block out decay-causing bacteria from the chewing surfaces of the back teeth.

## Caring for your Sealants

- Foods such as popcorn, hard candy, ice and sticky treats should be avoided to prevent the sealant from being damaged or lost.
- Resume normal brushing and oral hygiene today.

## Additional Information

- Your child may mention that the bite feels funny. This is normal and will subside over the next few days as the excess material wears off, leaving only what is needed in the deepest grooves.
- Sealants will be checked at each of your child's recare visits to ensure they are still intact.